



# St Aidan's R.C. Primary School

## PE Policy Statement



*"True enjoyment comes from activity of the mind and exercise of the body; the two are ever united."*

*Wilhelm Von Humboldt*

### Purpose

PE provides a range of opportunities both inside and outside of school to help pupils develop:

1. Physical skills
2. Cognitive skills
3. Social/personal skills
4. Health and Well being



At St. Aidan's we strive to create an exciting PE curriculum and environment that all children can access and thrive in.

### To achieve this:

#### Intent

It is our intention when teaching the PE curriculum that we develop the enjoyment of physical activity and strive to improve the importance of health and wellbeing. Our intention is to give children the opportunities to develop their skills, knowledge and understanding and apply these in various situations.

We ensure that all of our pupils receive a well-rounded learning experience when participating in different sporting activities, learning the importance of health and wellbeing and equipping them with the necessary values and tools to achieve at St. Aidan's and beyond. It is our intention to engage pupils in the possibilities of sport; to develop a passion for being active and healthy; to have the confidence to try new things, build resilience and show determination in all they do.

At our school the Sports Premium funding is used to provide high quality specialist delivery of the PE curriculum to all pupils and provide high quality CPD for teachers through external coaching programmes.

#### Implementation:

At St. Aidan's a wide range of sports and activities are offered to all pupils. In KS1, we provide opportunities for pupils to develop fundamental movement skills, becoming increasingly competent and confident. Over the course of the year this covers multi skills, gymnastics, racket skills/tennis, striking/fielding in cricket and athletics. In KS2 pupils continue to develop the current skills they have learnt in their KS1 experiences and progress onto more difficult skills such as using a spin pass in rugby or receiving passes on the move. Children are given the opportunity to apply the skills they have developed to a range of sports and competitions.

At St. Aidan's we strive to give all pupils the opportunity to engage in a range of competitive and co-operative physical activities by attending a variety of competitions through our Ashington and Coquet

Partnership. Children of all abilities enjoy representing our school at many external competitions including School Games Festivals.

Over the school year children have the opportunity to attend events such as Hoopstarz, Skipping festivals, Tag Rugby, Quad Kids, Multi Sports, Football, Tennis, Tri Golf, Cricket and Gymnastics as part of the Ashington and Coquet Partnership.

St. Aidan's also offer a range of after school clubs to ensure children are active and that they are given opportunities to learn new skills and develop current skills further. These include football, cricket, Karate and show club.

### **Impact:**

We strive to ensure that all of our pupils achieve to the best of their ability and beyond through our progressive skill based curriculum. At St. Aidan's our vast range of opportunities in physical activity aims to ensure that all children meet their age-related expectations for their year group.

Our broad and balanced PE curriculum provides children with the opportunity to develop their personal and social skills through a variety of activities including team based games. This enables children to improve cognitive skills such as: communication, concentration, improved mental health and overall wellbeing, all of which are vital to the development of the whole child and are transferable skills that children may utilise in all other subject areas.

### **Facilities**

Trim trail on school field, each class accesses at break time on a rota.

Resources used at breaks and lunchtimes - footballs, hula hoops, trains etc. Follows children's choice.

Football pitches with goal posts and nets.

Mile run/clubs/play leaders (to be implemented ASAP).

### **Pupil Voice**

Children should regularly be given a chance to feedback on their experiences of PE inside and outside of school. This should happen at least termly.

Do you enjoy PE?	Yes/No – Why?
What is your favourite part of PE lessons?	Why?
What do you think could be made better?	How?

## Evaluation

Learning walks will be carried out by the subject leaders on a termly basis to ensure the curriculum is being covered effectively.

Regular meetings will be held with staff who deliver PE to discuss the effectiveness of teaching across the school and for updates on resources.