



PSHE, RSE and Science Mapping

Autumn Term	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Health and Well-being	<p>What helps keep bodies healthy; hygiene routines H1, H6, H7</p> <p><i>Y1 Science NC: Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense. (Spring Term)</i></p> <p>Ten Ten Link: KS1, Module 1, Unit 2, session 3 Clean and Healthy</p>	<p>Healthy choices; different feelings; managing feelings H2, H4</p> <p><i>Y2 Science NC: Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene. (Spring Term)</i></p> <p>Ten Ten Link: KS1, Module 1, Unit 3, session 1,2 and 3 Feelings, Likes and Dislikes Feelings Inside Out Super Suzie Gets Angry</p>	<p>What makes a balanced diet; opportunities for making own choices with food; what influences their food choices; habits H3, H16</p> <p><i>Y3 Science NC: Identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat. (Spring Term)</i></p> <p>Ten Ten Link: LKS2, Module 1, Unit 2, Session 2, Respecting our Bodies</p>	<p>What makes a balanced lifestyle and making choices; drugs common to everyday life; hygiene and germs H1, H2, H17, H12,</p> <p>Ten Ten Link: LKS2, Module 1, Unit 2, Session 2, Respecting our Bodies</p>	<p>What positively and negatively affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices</p> <p>H1, H2, H3,</p> <p>Ten Ten Link: UKS2, Module 1, Unit 3, Session 1 Body Image</p>	<p>Images in the media and reality; how this can affect how people feel; risks and effects of drugs</p> <p>H4, H7</p> <p><i>Y6 Science NC: Recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function. (Summer Term)</i></p> <p>Ten Ten Link: UKS2, Module 1, Unit 3, Session 1 and 4 Body Image Seeing Stuff Online</p>
	<p>Recognising what they are good at; setting goals. Change and loss and how it feels H3, H5</p> <p>Ten Ten Link: KS1, Module 1, Unit 2, session 1 I Am Unique</p>	<p>Recognising what they are good at; setting goals. Growing; changing and being more independent; correct names for body parts (including external genitalia) H3, H8, H9, H10</p> <p><i>Y2 Science NC: Notice that animals, including humans, have offspring which grow into adults. (Spring Term)</i></p> <p>Ten Ten Link: KS1, Module 1, Unit 2, session 1 and 2 I Am Unique *Girls and Boys (My Body)*</p>	<p>Recognising what they are good at; setting goals. Describing feelings; conflicting feelings and how to manage feelings H5, H6, H7</p> <p>Ten Ten Link: LKS2, Module 1, Unit 3, Session 1 and 3 *What Am I Felling?* I Am Thankful</p>	<p>Recognising what they are good at; setting goals. Changes at puberty. Changes that happen in life and feelings associated with change H5, H18</p> <p>Ten Ten Link: LKS2, Module 1, Unit 3, Session 1 and 3 *What Am I Felling?* I Am Thankful LKS2 Module 1, Unit 2, Session 3, 4 and 5. *What is Puberty?* *Changing Bodies* *Discussion Groups-Optional*</p>	<p>Recognising what they are good at; setting goals; aspirations. Intensity of feelings; managing complex feelings. Coping with change and transition; bereavement and grief</p> <p>H5, H6, H7, H8</p> <p><i>Y5 Science NC: Describe the changes as humans develop to old age. (Summer Term)</i></p> <p>Ten Ten Link: UKS2, Module 1, Unit 2, Session 1 Gifts and Talents</p>	<p>Recognising what they are good at; setting goals; aspirations. Changes at puberty (recap Y4); human reproduction; roles and responsibilities of parents</p> <p>H5, H18, H19</p> <p>Ten Ten Link: UKS2, Module 1, Unit 2, Session 1, 2, 3 and 4 Gifts and Talents Girls Bodies Boys Bodies Spots and Sleep</p>



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Keeping Safe	<p>Keeping safe around household products; how to ask for help if worried about something H11, H13, H14, H15</p> <p>Ten Ten Link: KS1, Module 2, Unit 3, Session 1, Being Safe</p>	<p>Keeping safe in different situations; how to ask for help if they are worried about something; privacy in different contexts H12, H13, H14, H15, H16</p> <p>Ten Ten Link: KS1, Module 2, Unit 3, Session 1, Being Safe</p>	<p>School rules on health and safety; basic emergency aid; people who help them stay healthy and safe H15, H23</p>	<p>How to keep safe in local area and online; people who help them stay healthy and safe H21, H22, H25</p> <p>Ten Ten Link: LKS2, Module 2, Unit 3, Session 1, 2 and 3 Sharing Online Chatting Online Physical Contact</p>	<p>Strategies for managing personal safety in the local environment; online safety; including sharing images; mobile phone safety H21, H22, H25, H24,</p> <p>Ten Ten Link: UKS2, Module 2, Unit 3, Session 1, 2 and 3 Sharing Online Chatting Online</p>	<p>Independence; increased responsibility; keeping safe; influences on behaviour; resisting pressure; rights to protect their body and speaking out (including against FGM); who is responsible for their health and safety; where to get help and advice H9, H10, H11, H13, H14, H20, H23</p> <p>Ten Ten Link: UKS2, Module 2, Unit 2, Session 1, 2 and 3. Under Pressure Do You Want a Piece of Cake? Self-Talk</p>
	<p>School Events that will link to Health and Well-being:</p> <ul style="list-style-type: none"> □ Anti-bullying week 16th-20th November https://www.twinkl.co.uk/resources/ks2-topics/ks2-topics-organised-events-and-awareness-days-weeks/ks2-topics-organised-events-and-awareness-days-weeks-anti-bullying-week □ Safer Internet Day – February https://www.twinkl.co.uk/resources/ks2-topics/ks2-topics-organised-events-and-awareness-days-weeks/ks2-topics-organised-events-and-awareness-days-weeks-safer-internet-day □ NSPCC Talk □ Children's Mental Health Week (February) https://www.twinkl.co.uk/resources/ks2-topics/ks2-topics-organised-events-and-awareness-days-weeks/childrens-mental-health-week-organised-events-and-awareness-days-weeks-topics-key-stage-2 □ Healthy Eating Week https://www.twinkl.co.uk/resources/ks2-topics/ks2-topics-organised-events-and-awareness-days-weeks/ks2-topics-organised-events-and-awareness-days-weeks-healthy-eating-week 					

	PSHE Objective and strand
	Science Objective
	Ten Ten RSE Objective

Please note that the links to science and RSE may not cover the full PSHE objective and some areas of the PSHE objective may still need to be taught.



PSHE, RSE and Science Mapping

Spring Term		Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relationships	Feelings and Emotions	<p>Recognising feelings in self and others; sharing feelings. R1</p> <p>Ten Ten Link: KS1, Module 1, Unit 3, session 1, 2 and 3 Feelings, Likes and Dislikes Feeling Inside Out Super Susie Gets Angry</p>	<p>Behaviour; bodies and feelings can be hurt. R2/R4/R12, R11</p> <p>Ten Ten Link: KS1, Module 2, Unit 2, session 2 and 3 Treat Others Well ... and Say Sorry</p>	<p>Recognising feelings in others; responding to how others are feeling. R1</p> <p>Ten Ten Link: LKS2, Module 2, Unit 2, session 1 and 2 Friends, Family and Others When Things Feel Bad</p>	<p>Keeping something confidential or secret; when to break a confidence; recognise and manage dares. R9, R15</p> <p>Ten Ten Link: (<u>Some</u> links within the below sessions) LKS2, Module 2, Unit 3, session 1, 2 and 3 Sharing Online Chatting Online Physical Contact</p>	<p>Responding to feelings in others. R1</p> <p>Ten Ten Link: UKS2, Module 1, Unit 3, session 2 Peculiar Feelings</p>	<p>Confidentiality and when to break a confidence; managing dares. R9</p> <p>Ten Ten Link: UKS2, Module 2, Unit 2, session a, 2 and 3 Under Pressure Do You Want a Piece of Cake? Self Talk UKS2, Module 2, Unit 3, session 1,2 and 3 Sharing Online Chatting Online Physical Contact</p>
	Healthy Relationships	<p>Secrets and keeping safe; special people in their lives. R3, R9</p> <p>Ten Ten Link: KS1, Module 2, Unit 3, session 1, 2 and 3 Keeping Safe Good Secrets and Bad Secrets Physical Contact</p>	<p>Listening to others and playing cooperatively; appropriate and inappropriate touch; teasing and bullying. R6/7, R10, R13/14</p> <p>Ten Ten Link: KS1, Module 2, Unit 2, session 2 Treat Others Well KS1, Module 3, Unit 3, session 3 Physical Contact</p>	<p>Positive; healthy relationships and friendships; maintaining friendship; actions affect ourselves and others; working collaboratively. R2/R4, R7, R11</p> <p>Ten Ten Link: LKS2, Module 2, Unit 2, session 1 and 2 Friends, Family and Others When Things Feel Bad</p>	<p>Acceptable and unacceptable physical contact; solving disputes and conflicts amongst peers. R8, R12</p> <p>Ten Ten Link: LKS2, Module 2, Unit 2, session 2 When Things Feel Bad LKS2, Module 2, Unit 3, session 3 Physical Contact</p>	<p>Actions have consequences of actions; working collaboratively; negotiation and compromise; giving feedback. R7, R11, R12</p>	<p>Different types of relationships; positive and healthy relationships; maintaining relationships; recognising when a relationship is unhealthy (including forced marriage); committed; loving relationships; marriage. Acceptable and unacceptable physical touch; personal boundaries and the right to privacy. R2/4, R3, R5/R19, R6/20, R8, R21</p> <p>Ten Ten Link: UKS2, Module 2, Unit 3, session 3 Physical Contact</p>
	Valuing Difference	<p>Respecting similarities and differences in others; sharing views and ideas. R5, R8</p>	<p>Respecting similarities and differences in others; sharing views and ideas. R5, R8</p>	<p>Recognising and responding to bullying. R14/R18</p>	<p>Listen and respond effectively to people; share points of view. R10</p>	<p>Listening to others; raise concerns and challenge. R10</p>	<p>Listening to others; raise concerns and challenge. What makes people the same or different; recognising and challenging stereotypes; discrimination and bullying. R10, R13/16/17, R14/18</p>



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		<p>School Events that will link to Relationships</p> <ul style="list-style-type: none"> ☐ Anti-bullying week November https://www.twinkl.co.uk/resources/ks2-topics/ks2-topics-organised-events-and-awareness-days-weeks/ks2-topics-organised-events-and-awareness-days-weeks-anti-bullying-week ☐ Safer Internet Day – February https://www.twinkl.co.uk/resources/ks2-topics/ks2-topics-organised-events-and-awareness-days-weeks/ks2-topics-organised-events-and-awareness-days-weeks-safer-internet-day ☐ NSPCC Talk ☐ Other Faiths Week ☐ Black Lives Matter Movement – historical link (Black History Month October 2020) https://www.twinkl.co.uk/resources/ks2-topics/ks2-topics-organised-events-and-awareness-days-weeks/ks2-topics-organised-events-and-awareness-days-weeks-black-history-month ☐ Link to Virtues – Respect
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PSHE, RSE and Science Mapping

Summer Term		Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Living in the Wider World	Rights and Responsibilities	Group and class rules; everybody is unique in some ways and the same in others L1/L2, L8, L9 Ten Ten Link: KS1, Module 1, Unit 2, session 1 I Am Unique	Group and class rules; respecting their own and others' needs; groups and communities they belong to; people who work in the community; getting help in an emergency L1/L2, L3, L4, L10 Ten Ten Link: KS1, Module 3, Unit 1, session 2 Who is my Neighbour? KS1, Module 3, Unit 2, session 1 The Communities we Live In	Discuss and debate health and wellbeing issues. Being a part of the community and who works in the community L1, L9/10	Discuss and debate health and wellbeing issues. Appreciating difference and diversity in the UK and around the world L1, L11, L12, L15	Discuss and debate health and wellbeing issues. Rules and laws; changing rules and laws; anti-social behaviour; respecting and resolving differences L1, L2, L6, L8	Discuss and debate health and wellbeing issues. Human rights; the rights of child; cultural practices and British law. Being part of a community; groups that support communities. Being critical of what is in the media and what they forward to others L1, L3/L4, L5, L9/L10, L17/L18 Ten Ten Link: UKS2, Module 3, Unit 2, session 1 Reaching Out
	Environment	Looking after the local environment (CROSS YEAR-GROUP PROJECT WITH YEAR 2) L5	Looking after the local environment (CROSS YEAR-GROUP PROJECT WITH YEAR 1) L5	Responsibilities; rights and duties L7	Sustainability of the environment across the world L15	Different rights; responsibilities and duties L7	How resources are allocated; effect of this on individuals; communities and environment L15
	Money	Where money comes from; how to use money -saving and spending money L6/L7	Where money comes from; saving and spending money; making choices; keeping track of money spent/saved L6/L7	Enterprise; what it means; developing skills in enterprise (CROSS YEAR-GROUP PROJECT WITH YEAR 6) L16	Role of money; managing money (saving and budgeting); what is meant by interest and loan L13, L14	Importance of finance in people's lives; being a critical consumer; looking after money; interest; loan; debt management of money; tax L13, L14	Enterprise; setting up an enterprise (CROSS YEAR-GROUP PROJECT WITH YEAR 3) L16
	School Events that will link to Living things in the environment <ul style="list-style-type: none">Maths link to money and enterpriseGeography links the environmentLinks to agencies such as WWF, Greenpeace, Plastic in the environment and sustainability.Recycling Week https://www.twinkl.co.uk/resources/ks2-topics/ks2-topics-organised-events-and-awareness-days-weeks/ks2-topics-organised-events-and-awareness-days-weeks-recycling-weekGreen Week https://www.twinkl.co.uk/resources/ks2-topics/ks2-topics-organised-events-and-awareness-days-weeks/twinkl-green-awareness-week-organised-events-and-awareness-days-weeks-topics-key-stage-2						

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